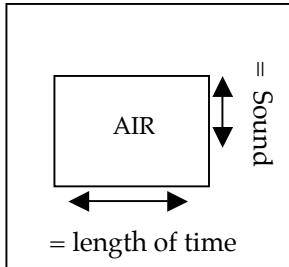


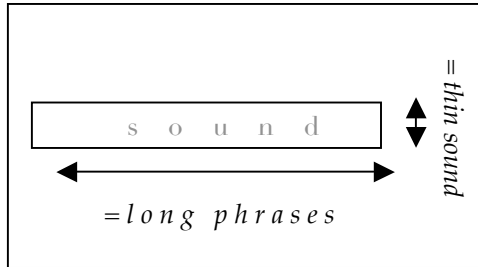


## → BREATHING (CONT)

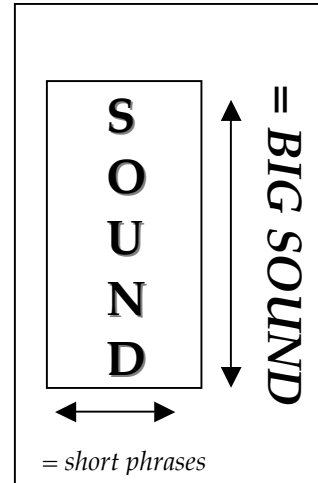
EXAMPLE OF AIR 1



EXAMPLE OF AIR 2



EXAMPLE OF AIR 3



Extra Notes: